

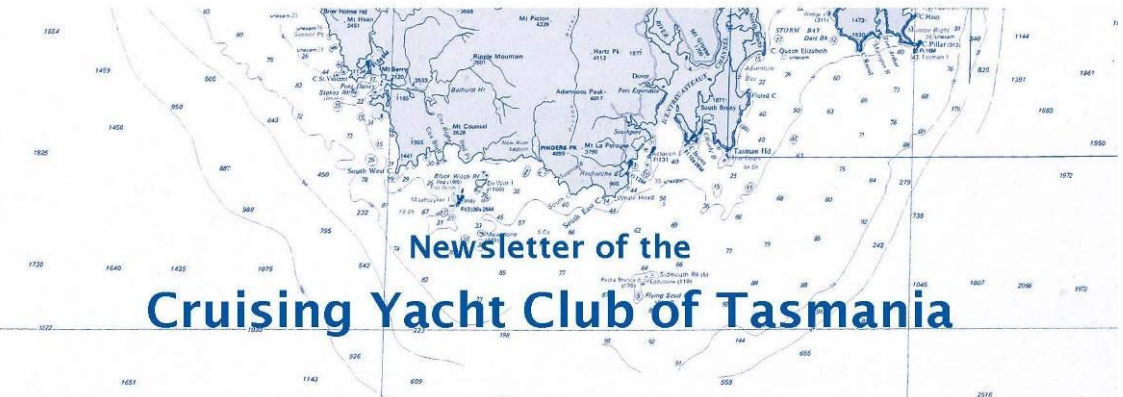
Albatross

Volume 37 No 2 March 2011



1874 three-masted barque JAMES CRAIG
Australian Wooden Boat Festival 2011

Photo: Kim Brewer



Newsletter of the
Cruising Yacht Club of Tasmania

THE CRUISING YACHT CLUB OF TASMANIA INC.

PO Box 605 Sandy Bay Tas 7006

Phone – 0417 560 519

www.cyct.org.au

Commodore			
Chris Palmer	H 6267 4994		<i>WayfarerII</i>
Vice Commodore			
Lew Garnham	H 0417 589 008		<i>Minerva</i>
Rear Commodore			
Margaret Jones	H 6272 5660		<i>Lalaguli</i>
Treasurer			
Paul Dutton	H 6224-3229		<i>Sagres</i>
Secretary			
Rob Grey	H 6243 7736		<i>Patience</i>
Editor 'Albatross'			
Kim Brewer	H 0428 937358		<i>Vailima</i>
Committee			
Erika Shankley	H 0429 230 937		
Alan Gifford	H 6229 7389		<i>Eight Bells</i>
Membership Officer			
Margie Benjamin	H 6267 4994		<i>WayfarerII</i>
Warden & Quartermaster			
Chris Creese	H 6223 1550		<i>Neptune</i>
Albatross mailing			
Chris Creese	H 6223 1550		<i>Neptune</i>
Webmaster			
Dave Davey	H 6267 4852		<i>Windclimber</i>

Life Members

Erika Shankley Doris Newham Chris Creese

Send all material for publication in 'Albatross' to the Editor -
editor@cyct.org.au or to 51 Ferry Rd. Kettering Tas 7155

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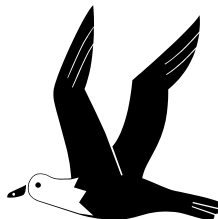
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Cruising Responsibilities

Members and others taking part in CYCT events are reminded that the decision to participate in any cruise or event rests with each boat's skipper. Information supplied by the Club or its officers is intended as a guide only. The Club does not 'control' or lead events and neither the Club nor the event coordinator is responsible for the safety of any boat or person.

Regardless of information supplied by the Club or its officers the skipper is solely responsible for the boat at all times.

Skippers are encouraged to keep Coast Radio Hobart informed of their location, destination and plans during the course of any cruise.



CYCT Calendar

March

Tues 1st

General Meeting at DSS 8.00pm

Speakers: Dorothy and Steve Darden *Adagio*

Wed 9th

Committee Meeting at Mariners Cottage – 7.30pm

Sat 12th – Mon 14th

Cruise to Cygnet Regatta, then The Quarries and Apollo Bay

April

Sat 2nd – Sun 3rd

Cruise to New Norfolk or Adventure Bay. Enjoy the autumn colors cruising to New Norfolk, tying up at the jetty. Evening meal and activities ashore. Adventure Bay as an alternative or for the yachts limited by the height of the Bowen Bridge.

Tuesday 5th

General Meeting at DSS 8.00pm Speakers: French Canals Cruising

Tues 12th VHF Operator's Forum at Mariner's Cottage 7.30pm

Wed 13th

Committee meeting at Mariners cottage – 7.30pm

Fri 22nd – Tues 26th

Easter Cruise to Maria Island. Mariners Cottage pre-cruise briefing – date TBA. Possible outside return via Fortesque/Port Arthur We will travel as a convoy for difficult sections. Please advise the Vice Commodore if you are planning to join this cruise.

May

Tuesday 3rd

General meeting at DSS 8.00pm

Speakers: John & Sue Cerutty - Cruising the Pacific Islands

Sat 14th – Sun 15th

Donald Sutherland Memorial Navigation Cruise

August

Sat 13th

Annual Dinner Hobart Function & Convention Centre

An up-to-date version of the Calendar can be obtained from
<http://www.cyct.org.au/Calendar/>



Editorial

Walking along Franklin wharf to King's Pier on Tuesday morning, all was as peaceful and picturesque as usual. Where only a few hours before it had been a struggle to shoulder through dense crowds, just a couple of strutting gulls pecking at empty chip bags owned the pavements. The crowds and noise, tents and displays that had filled the streets the day before had vanished. Constitution

Dock was nearly empty and suddenly (and sadly) the long-awaited Australain Wooden Boat Festival was over.

Goodness knows how they count heads (rumour says that Tasports surveillance cameras are involved) but I have heard attendance numbers of over 100,000 quoted. Certainly there were a fair few people and many of those were from the Mainland or further afield. For four days I spoke non-stop to visitors and the response was uniformly positive. Wooden boats enthusiasts, both owners and visitors, were overwhelmed and the only complaint I heard was that the crowds were too big. Well, you can't have everything!

The CYCT tent seemed to be well-patronised and displays of photos and charts closely scrutinised. Several members were signed up on the spot and no doubt more will be enticed by the information they received. The Women's Forum has also recruited several new members and word of mouth ensured it was attended by quite a few non-members. Be sure to put the dates for the next two sessions in your diary.

Kim Brewer
editor@cyct.org.au

Letter To The Editor

We want to give our hearty thanks to all those who helped with the Club's Stand at the AWBF.

The time attending the Stand, offering such a wonderful collection of photos to choose from for the display, twisting arms to get things going and ordering the Club Banner, caps and shirts all made a great success of this our first such venture.

Thanks a million!

Keith Wells and Dennis Lees

Windrush

Commodore's Comments



Australian Wooden Boat Festival

Writing this report now, some three or four days after the conclusion of the Australian Wooden Boat Festival, I am still coming down from a high. What an event! All those boats! All those people! And what a great place Hobart is when something like this happens.

The CYCT had a stand at the Festival (at no cost to us) and a happy band of volunteers was present every hour the Festival was open telling those who were interested (and there were many) about the benefits of belonging to the Club. The Club is indebted to Keith Wells and Dennis Lees for organising and setting up the stand, with able assistance from Andrew Boon and Leo Foley. Thanks, too, to all the volunteers who gave up hours of their time to spread the word. There is every reason to hope that the ranks of Club members will grow as a result.

February Barbecue

In spite of some really yucky weather, over 60 people fronted up for the traditional barbecue that starts the year at Mariners Cottage. About half of them were lucky enough to enjoy the fantastic paella created by Jose and Conchita Navarro (*Odyssey III*). What a feast! Maybe we have started a tradition here – although I'm not sure what Jose and Conchita might think of that idea. Thanks to the two of them, and thanks also to VC Lew Garnham, who has donated a 12' x 12' marquee that we can use on such occasions to ward off the worst effects of rain and wind.

VDL Circumnavigation

At least three Club members are taking part in the circumnavigation organised by the Royal. VC Lew Garnham is helping crew on Geoff Rosan's *Between the Sheets.....Again* – shortly to be given a new moniker, we understand – and recent members Robin and Cynthia Coffey are taking part in their *Gitana*. Best wishes for a safe passage to them all.

Women and Boats Forum

By the time this issue of 'Albatross' hits your letterbox, this forum will have taken place. With over forty people indicating that they plan to take part, it promises to be a very interesting evening and Alan Gifford has already given much thought to how it should be followed up. Watch this space!

Navigation Cruise

May might seem like a long way away, but it will creep up very quickly. Our annual Navigation Cruise will be held on Saturday 14th May. Please take part if you can. Part of our Club's charter is to pass on knowledge and skills that will make sailing safer and more enjoyable for everyone (hence the forums) and the Navigation Cruise is a great way to brush up on basic navigation techniques in a light-hearted event.

This year we are hoping to follow up with a Man Overboard (MOB) exercise – or Person In Water (PIW) as the politically correct would have it – on the Sunday following. If possible, we will try and tie that in with some boat handling exercises. A weekend of fun is guaranteed!

Cruising

Wayfarer II and her crew will hopefully be somewhere on the East Coast until mid-March. Margie and I look forward to meeting other Club members who may be in the area then.

Cheers for now

Chris Palmer
commodore@cycy.org.au



Vice Commodores Report



Sorry I will not be with you all on the excellent trips planned, however a chance to do the circumnavigation leaves you in the capable hands of others.

Two brief reports before I run down to the docks.

The planned trip to Recherche Bay was a mixed trip with meetings of yachts, people and personal itineraries intervening. We met *Get a Life* and *Sagres* at Alexanders for the evening and the next day *Mistral* (ex *Between the Sheets Again*) dropped anchor too.

The variable winds made an initial frustrating southerly start with *Get a Life* almost giving up, yet it was only they who made it all the way to Recherche the next day!

Windclimber joined us sailing south to chase the three Cats. At Mickeys were *Alida*, *Mistral*, *Windclimber*, the three Cats and *Dreamtime of Darwin*. The later were remarkably met by the previous owners from Geelong on their magnificent new yacht! A lot more from Terry and Gillian later, I hope.



After a social on *Mistral* we decided a barbeque on the rocky side was in order and what a magnificent sunny position it was when the traditional place was in shadow. The portable barbeque left no mess.

Next day, a small group led by Hans walked the track over to the delightful Cloudy Bay Lagoon to where it ran out to the ocean. After brunch on the Cats we sailed in an increasing westerly wind that saw *Get a Life* go to Recherche. Later *Minerva* sailed to Rabbit Island, joining *Sagres* while *Mistral* and *Wind Climber*, while others were going north and home. *Wind Climber* successfully chased yachts but was disappointed when a large yacht, with headsail alone, sailed up and passed her. I believe Dave is going to put on a knuckle bow and a wing keel to match his opposition *Gretel*!

At Rabbit Island we met *Carinda*, *Sagres* and their friends also. We had a good barbeque ashore, walked and motored round Rabbit Island. The next day we had a perfect sail all the way home.

The Snake Island cruise unfortunately was shortened to a Sunday only event with only one participant, *Andromeda* and their friends on board.

At the wooden boat festival *Latura* was sold (subject to survey) but will be staying in Tasmania, cruised by an enthusiastic Melbourne couple. If you see her on the water please go and say hello and make them welcome.

Tide and wind wait for no man and so I must depart to gather a story to tell.

Best wishes for your sailing.



Lew Garnham
Vice commodore



Lew Garnham's father Don.
95 year's young.



Rear Commodore's Report



In spite of the inclement weather and the reports coming in from members in the Channel and in Hobart we managed to have about 60 members in attendance at the C.Y.C.T. annual barbecue. We actually experienced periods of no drizzle and a few times of sunshine. Lew Garnham and keen members erected his tent which proved to be an excellent shelter for the barbecue and for members. It is quite amazing to see how many people can fit in the Mariner's Cottage!

Many thanks to those committee members and others who manage to always be around when jobs are needing attention. This helps to make events go more smoothly. What a great evening we all had as many tasted the delights of the "Paella" that Jose & Conchita Navarro presented to us. We are indeed grateful for their contribution to our enjoyment.

At the next General Meeting on 1 March we will be privileged to hear from Steve and Dorothy Darden who sail the catamaran "Adagio" in a variety of waters and have some different experiences to share with us.

On the 5th April a group of Tasmanian sailors who shared canal boats in France last year will present some special moments of their holiday.

At our meeting on 3rd May John & Sue Cerutty will speak about their adventures in the Pacific Islands over the last few years.

A delight on the evening of the Forum was to see Helen Hebblethwaite who is on a brief visit to Tasmania. She and Phil are having *Meridian* readied for more sailing near Sri Lanka. May all those members who are about to set sail on summer cruise enjoy their time afloat, whatever the weather.

Margaret Jones.

CLUB APPAREL

As you would know from your reading of the last 'Albatross', the Club has organised some apparel with the Club name embroidered on it. We have a limited number of items available for sale now. Longer term we will be offering shirts, caps and other items such as hats, rugby tops and fleecies through the website, but for now, you can purchase the stock left over from the CYCT stand at the Wooden Boat Festival.

The polo shirts are in mens and womens sizes. Mens are navy blue with white logo, and ladies are white with dark blue logo. The price is \$25.00 per shirt. They are excellent quality (the same as ordered by the Tasmanian Police).

Sizes and numbers available are as follows:

Men

XL (2), L (4), M (1)

Women

Size 16 (4)

Size 14 (2)

Size 12 (4)

Size 10 (2)



Caps - 19 at a cost of \$12.50 each (one size fits all)

If you would like to reserve an item for collection at the next General Meeting (March 1st), please contact

Margaret Jones at lalaquli01@yahoo.com.au or 6272 5660.

Alternatively, you can take your chance and see if your size is available at the meeting.

Please contact Margaret if you are willing to co-ordinate sales of Club apparel.

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The Great Feast

Tuesday 1 February was CYCT's BBQ at Mariners Cottage, but a barbecue with a difference. This year, due to the kind and hard work of Conchita and Jose Navarro who slaved all day on their Paella 32 takers enjoyed a tasty Spanish dish. Their "kitchen" was in fact more like cooking in a leaky boat - or cooking in the cockpit - as it poured ALL afternoon. Temporary screens and umbrellas, and Conchita and Jose's equanimity, saved the day and the paella. It was a taste sensation loaded with seafood, chicken, local vegetables and REAL saffron revealing partakers well satisfied.

That's not to say the other many members didn't have a jolly time. They barbecued and talked, at times in the rain, which eased off as the evening got under way. Later they swelled the numbers in the cottage and a wonderful party atmosphere pervaded. Chocolates and coffee to end with and promises of much continuing and catching up on the water concluded a great evening.

Judy Boon.

WELCOME NEW MEMBERS

—————
Kate Hansford

CONBRIO

—————
On behalf of all the members of the Cruising Yacht Club of Tasmania, the committee welcomes this new member to the Club and looks forward to a long and happy association with them, on and off the water.

APPLICATION FOR MEMBERSHIP

—————
Philipa Rich and David Bailey

NONSUCH

Robert Gavin

FEELING SWELL

—————
These nominations will automatically be accepted within 14 days of the next General Meeting immediately following this issue of the Albatross, subject only to any Member lodging an objection in writing to the Secretary no late than that date.

Women's Forum



Does your crew know what to do if you fall overboard or are seriously injured? Have you discussed it? Does fear of bad weather make your crew anxious enough to spoil their weekend? Have you ever taken the time to explain how to start the engine or run the outboard – or have they never expressed any interest. As you both get older, are you worried that physical strength and agility or the effects of medication might curb your boating?

An audience of about 50 at the Women's Forum held at DSS on Feb 22nd were keen to contribute thoughts on the issues affecting women's participation in and enjoyment of boating. Many heads nodded in recognition as Cheryl Price kicked the night off with a description of her progression from novice sailor to capable crew. Women in the audience then contributed to a list of fears and anxiety-inducing situations *they* experience while boating, ranging from a fear of water to seasickness, feelings of lack of control or ignorance, to worries about physical inadequacy.

Many of these were addressed by the next speaker, Dr Jacqui Triffitt, a clinical and sports psychologist working in a variety of areas including anxiety management. She explained that anxiety is essentially a reaction to threat and can induce fight, flight or freeze responses. Many aspects of sailing potentially represent threats, both physical and psychological and anxiety can be a thoroughly logical response, however we can also induce an inflated sense of threat with those persistent "what if.....?" thoughts. Suggested strategies for handling anxiety include learning to relax (simple deep breathing), recognising the pattern of thought but changing your focus to tasks at hand instead of dwelling on it, and defusing the perceived threats by preparing for fearful situations.

Dr Triffitt's description of the signs of relationships under stress were greeted with smiles of recognition: communications become shorter, sharper and LOUDER, more emotional and personal and individual differences become more pronounced. Ever had your pedigree read aloud to the entire marina by a beloved skipper when the rope misses the pile on a too-fast approach?!

Rosemary Kerrison, a self-confessed “sponge”, set about learning how to do everything aboard their various boats, asking questions continually and deliberately volunteering for tasks outside the normal wife/crew areas. She is now the one to go up the mast and has taken the big step of single-handing on a delivery to Kettering, all with the goal of being an active participant in a passage up the East Coast.

Kim Brewer took the topic of communication, suggesting the “de-jargonising” of sailing and devising techniques suited to individual couples – practising mutually-agreed hand signals and writing up “cheat sheets” together. On the question of dealing with tense situations in a small space, a 5-minute “Get Angry and Get Over It” strategy could be practised and respect is a crucial element in communications between any skipper and crew but particularly where they happen to be a couple.

Dee Deegan, veteran of over thirty years sailing and tens of thousands of offshore miles took the theme “Don’t Set Yourself Up For Failure” and illustrated ways to customised your boat so that everything is designed to suit the weakest member of the crew. Whether this means bigger winches or a suitable boarding ladder, modifications (often easy ones) can increase opportunities to participate and so make the experience more enjoyable for both the skipper and the crew. Dee also suggested tackling difficult situations head-on – setting up practise situations in a safe environment and running through the procedure again and again until it becomes second nature.

Many concerns were obviously common to lots of audience members and this forum was intended to be an introduction and an opportunity to express them. The scene is now set for the next two sessions, which will deal with practical topics. Session 1, to be held on March 29th at 7.30pm at DSS, looks at the principles of sailing and anchoring, common terminology, safety equipment and boat-handling under power. Session 3 will cover the basics of diesel engines, VHF radios, navigations and the weather.

We hope that those who enjoyed Tuesday’s Forum will attend the next two and that the word will spread. If you know women who might be interested or if you intend to come, please contact Alan Gifford at Alan.Gifford@bigpond.com

Radio Operation Forum

Tuesday 12th April

Mariner's Cottage

7.30pm

The next in the series of forums designed to introduce new members to an aspect of boating and to give others the opportunity to increase their knowledge and skills.

Andrew Boon will lead the discussion and answer questions.



Topics will include when and how to use Ch. 16, how to call a Mayday and Pan Pan, silence periods and how to conclude a transmission.

Going About

A miscellany of items of interest to members

Bureau of Meteorology

New forecasting and Warning system

BOM is changing the way it builds forecasts and the new system will allow more products and the projection of forecasts further into the future. Transition to the new system will occur during June. The main change for mariners will be a division of the South East Inshore forecast into four separate zones: The Channel, Derwent Estuary, Storm Bay and Frederick Henry and Norfolk Bays. These will extend out to three days

Land forecasts will have new districts, will extend to 7 days and increase to 60 locations later in the year. An animated presentation of forecast weather patterns will be available.

If you are a gizmo-junkie or need information on the best sea anchor design, comparative brands of fishfinder or the latest battery technology, have a look at

www.practical-sailor.com

This respected US magazine is the sailor's equivalent of "Choice" magazine, continually running tests on every conceivable product from antifouling to pocket knives. With the current value of the Aussie dollar, a year's subscription for \$38 (7 issues per year) is pretty good value but you'll find plenty of free information on the website.



The Mawson Flotilla in the Derwent – 2nd December 2011

One hundred years ago, Douglas Mawson began planning a new scientific expedition to the Antarctic coast south of Australia. On 2 December 1911, Mawson's plans came to fruition and the Australasian Antarctic Expedition left Hobart bound for Macquarie Island and East Antarctica. The 1911-1914 Australasian Antarctic Expedition was the first wholly Australian Antarctic expedition.



The Mawson-led expedition was important for the science conducted which contributed to the world's understanding of Antarctica, and the global processes of which it is a part. Australia's Antarctic scientists today continue this important research. From May 2011 to June 2012 Hobart

celebrates Antarctic Centennial Year, highlighting Tasmania's links to the Southern Continent.

Historically, Hobart was the departure point for some noteworthy Antarctic expeditions: the Mawson-led AAE in 1911, and in 1912, Norwegian Roald Amundsen walked in to Hobart's General Post Office to send a telegram to the King of Norway, announcing that he had won the 'race to the pole', defeating the ill-fated Robert Falcon Scott to become the first human being to reach 90° South. Both centenaries will be celebrated during the ACY, which begins in June and a number of other cultural events are planned. Hobart will host the International Association of Antarctic Tour Operators (IAATO) conference in May 2011, and the 35th Antarctic Treaty Consultative Meeting in 2012.

One hundred years to the day since Douglas Mawson, then a 29-year old geologist, sailed from Hobart with the Australian Antarctic Expedition, three Antarctic cruise ships will depart Hobart for Commonwealth Bay and Mawson's Huts at Cape Dennison, retracing Mawson's voyage. A flotilla of international guests and local yachts will accompany the ships down the River Derwent to farewell them at the Iron Pot, the traditional beginning of the long journey south.

Yachts wanting to join the farewell Flotilla are invited to register now and online registration is available at:

<http://www.antarcticcentennial.tas.gov.au/home>.

Click on the "Registration" box at the right side of the home page.

Other activities associated with the commemoration include photographic and art exhibitions, orchestral performances, plays and lectures. Register to be kept informed of everything going on in this interesting year.



The expedition's steam yacht *Aurora*, built in 1876, was originally a whaler. This photo was taken from within a cavern in the wall of the shelf-ice of the Mertz Glacier Tongue, Commonwealth Bay, Adelie Land.

December 1913 Photographer: Frank Hurley



Treasures of the Bilge

Now is the time to clean out those deep, dark lockers and find a good home for some of that STUFF and make room for MORE!

Put a free ad in the Albatross now!

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For Sale

Marine diesel. Perkins Prima M50 rated 49 HP @ 2900 rpm. Hurth 2:1 mechanical gearbox. Balmar 70 Amp alternator and smart regulator. Instrument panel and wiring loom. Spare stainless steel cooling elbow. Owner's handbook and workshop manual. Kit of spare parts including injector, alternator belt, fuel pump, water pump impeller, hoses and clamps. 3,500 hours. **\$3,200 on trailer. Roger Locke 0409 977 391**

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Stormy Jacket Size XL

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Contact Kim 0428937358



There is indeed something about the smell of a ship that stirs a man's blood, a seductive, persuasive odour of oak and tarred rope and canvas and paint, of varnish and oil and galley smoke and rust, that exciting scent that clings like an aura to every shapely little schooner with her jib-boom steeved above the quays, and drifts on the breeze from every fising smack that puts to sea; a haunting smell that goes to a man's head like wine and makes him yearn for a free life, open air and a wide horizon and above all for the kick of a tiller under his arm and the scent of a stout little ship beneath his feet... Oh, I know.

– Maurice Griffiths



WOMEN'S FORUM

SESSION TWO: SOME OF THE BASICS

Venue: DSS commencing at 7.30pm and concluding at approx. 9.10pm with tea and coffee to follow. An evening meal will precede the session with orders in by 6.00pm.

Date: Tuesday, March 29th 2011

- ⊕ Principles of sailing
- ⊕ Common terms
- ⊕ Safety equipment
- ⊕ Boat-handling Under Power

SESSION THREE: MORE OF THE BASICS

Venue: DSS commencing at 7.30pm and concluding at approx. 9.30pm with tea and coffee to follow. An evening meal will precede the Session with orders in by 6.00pm.

Date: Tuesday, 19th April 2011.

- ⊕ Diesel Engines
- ⊕ VHF Radio
- ⊕ Weather
- ⊕ Navigation

JOIN US FOR THE NEXT TWO SESSIONS!

Focussing on women but open to all members and to non-member women interested in gaining confidence on boats. Notes and material provided on each topic.

KNOWLEDGE IS POWER!

Contact Alan Gifford

Alan.Gifford@bigpond.com Ph: 0447250945

Crazy Cake

This easy cake is made without eggs, butter, milk or an eggbeater. I'm sure I have made it a hundred times on board. Prepare in advance by measuring the first six ingredients into a Ziplock. Makes a 20cm square cake.

Ingredients

- 1½ cups standard (plain) flour
- 2 Tbsp cocoa
- 1 tsp each cinnamon and powdered ginger
- 1 tsp baking soda
- 1 tsp salt
- 1 cup sugar
- ½ cup oil
- ¾ cup water
- 2 Tbsp vinegar
- 1 tsp vanilla essence

Method

Heat oven to 190°C (a bit of guesswork required here with marine gas stoves). Line the bottom and two opposite sides of a 20cm square pan with baking paper. Butter and flour the uncovered sides of the pan, or coat with non-stick spray.

Sift the first six ingredients through a sieve over a fairly large bowl. Stir in the sugar with a fork, leaving a depression in the centre. Measure the oil and add it to the dry ingredients, without stirring. Add the vinegar and vanilla to the measured water, then tip them into the flour-oil mixture. Stir with the fork until the mixture is smooth and no dry lumps remain.

Pour the mixture into the prepared pan and bake for 30 - 40 minutes, until the centre of the cake springs back when pressed, and a toothpick or skewer comes out clean. Leave cake in the pan for five minutes, then turn out onto a wire rack and leave to cool. Dust with sieved icing sugar. Serve cut in squares for dessert. Top with whipped cream and fresh or partly thawed raspberries; sliced drained canned peaches; or sliced bananas and raspberry jam.

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Those of us who need a little practise at docking the boat but can't afford the repair bills can have a bit of fun with the Docket game at:

<http://www.boatus.com/games/docket>

Lots of fun, free and quite addictive. Keep it in reserve for wintery days – which we seem to be having plenty of right now!

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BAVARIA OCEAN 40

FORTY FEET OF LUXURY - READY TO SAIL AWAY

'Nashira' features a full electronic navigation package and 50HP diesel. Best of all, she has an island double in an impressive master aft-cabin and a fully enclosed cockpit with a solid windscreen and clears just made for cruising in comfort. Other features include a separate shower stall and a Leisurefurl main. For long-term cruising she has solar panels, a 3.5kva genset and huge battery capacity to run domestic-style appliances like the microwave and TV/DVD.

See the complete, extensive inventory on our website.



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John Nanscawen	0409 433547

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Ph: 03 62674200

www.boatsalestas.com.au

