Albatross

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Sunset over Recherche Bay

Newsletter of the

Cruising Yacht Club of Tasmania

THE CRUISING YACHT CLUB OF TASMANIA INC.

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Cruising Responsibilities

Members and others taking part in CYCT events are reminded that the decision to participate in any cruise or event rests with each boat's skipper. Information supplied by the Club or its officers is intended as a guide only. The Club does not 'control' or lead events and neither the Club nor the event coordinator is responsible for the safety of any boat or person.

Regardless of information supplied by the Club or its officers the skipper is solely responsible for the boat at all times.

Skippers are encouraged to keep Coast Radio Hobart informed of their location, destination and plans during the course of any cruise.

	CYCT CALENDAR	
JUNE		
Tues 5 th	General Meeting @ DSS 8pm. June 5th Dinner at 6pm Guest Speaker: Graham Cowie Topic "Batteries And All That"	
Wed 6 th	Committee Meeting @ Mariner's Cottage 7.30pm	
Sat 9 th — Mon 11 th	Huon Cruise to Kermandie Marina. Dinner at Kermandie hotel with 50's theme. Weekend of activities in Franklin.	
Sun 17 th	Winter BBQ Hut 9 Waterworks Reserve from 11.00am Bring all your requirements. BBQs available, shelter & parking. Plenty of room for children.	
Tues 19 th	Women on Boats – Meeting @ DSS 5.30pm	
Sun 24 th	Women on Boats — One-day diesel workshop @ Franklin Marine. This course is full but a second is planned.	
Tues 26th June	Winter Forum Series: "Learning To Love Your Diesel" Presenter: Diesel engineer Ian Hughes	
JULY		
Fri 13 th	New Member's Night @ Mariner's Cottage	
AUGUST		
Sat II th	ANNUAL ANNIVERSARY DINNER Hobart Convention Centre	

Visit the website **www.cyct.org.au** and click on the Calendar tab for more information on all events.



Editorial

As winter sets in, time on the water may be limited but that's all the more reason to spend time learning new skills and gathering ideas to apply next season. The women involved in the Women on Boats forums will be spending a day with their "heads under the bonnet", discovering the fascinating intricacies of diesel engines in June and in this issue you will find the timetable for a winter's worth of

forums on a variety of subjects put together for members by Alan Gifford. Turn up for an interesting evening and a pleasant informal get-together, with plenty of opportunity to ask questions and discuss.

Winter activities do continue on the water and a major event will be the cruise to the Huon River over Queen's Birthday weekend. Come prepared for a trip down memory lane, back to the 50s and 60s at Kermandie hotel and a weekend of activities at Franklin.

Among members sailing beyond Tasmanian waters will be Val Nicholls, who is in training to join a leg of the Clipper Round the World Race next year. Val's' experience in a different type of MOB exercise is described in the following letter. We will hear more about the application and selection process and about the training required to participate in this exciting event in a future article from Val.

Smooth seas and fair winds Kim Brewer

Letter to Editor

Hi Kim

I've just returned from visiting family in the UK. Whilst I was there I did my level I training for the Clipper Round the World Race that I'm participating in (just doing leg 4 - WA to NZ to Gold coast)) in 2013. It was an amazing experience being in the Solent in Force 8 and 9, changing sails, managing spinnaker poles etc! I didn't make it to the Overboard workshop the club ran recently and wonder if this method of recovering a casualty from the water was mentioned. I. Conscious casualty: A helicopter lifting strop is attached to the spinnaker halyard and lowered to the casualty. The casualty places it under his or her arms, tightens it around the chest using the adjusting loop and is smartly hoisted back on board. Unconscious: A 'Swimmer' is prepared wearing a climbing harness and a life jacket. He or she attaches the helicopter lifting strop to the harness and is lowered by halyard into the water. The swimmer then places the lifting strop under the casualty's arms and tightens it around the chest using the adjustable loop. Both the casualty

and the swimmer are hoisted back on board. In their experience there was nothing as strong as the helicopter strop. NB Swimmer will also be cold and wet after the rescue and as such is equally treated as a casualty.

We tried this method and it worked very well, our instructor had rescued 3 overboards in Round the World Race using this method. I saw a video of someone being knocked overboard by a wave - they went straight through the stanchion lines - they were not wearing the groin straps on the life jacket and when hit they slipped out of the entire system - very sobering.

Cheers Val Nicholls



Commodore's Report

2012-2013 Club Subscriptions

Members who were at the May General meeting would be aware that there will be an increase in the CYCT Annual Subscription of \$10.00 per annum. This is the first increase for a number of years, taking the annual cost of membership from \$60.00 to \$70.00. Members who belong to other clubs will know only too well just how inexpensive our annual fees are compared to others.

Your Committee thought long and hard about this increase —we have always aimed to keep the cost of membership as low as possible. However, a combination of factors indicated that it would be prudent to raise the subscription level and avoid dipping into the Term Deposit account for ongoing operational needs. After some questions from the floor at the General Meeting, a motion supporting the increase was proposed by the Treasurer and seconded by Dennis Lees. This was passed unanimously.

Prior to the vote, Treasurer Wayne McNeice presented a brief overview of the budget. Wayne is happy to make himself available to any Club member who wishes to enquire further into Club accounts.

Entertainment Books

As part of his presentation on the Club accounts and budget, the Treasurer hinted at the prospect of finding additional sources of income for the Club to help keep subscription rates down. One that your Committee has decided to adopt is to sell 'Entertainment

Books'. These are generally well known throughout the community as being an effective, risk-free way of generating income for non-profit organisations and are used extensively by many reputable groups.

A few members expressed concern on receipt of the Treasurer's email notifying members that these books were available through the Club and I apologise for the fact that we were not able to inform members at the General Meeting about this initiative. However, the Treasurer, quite correctly, felt that he could not announce the Entertainment Book plan before it had been approved by the Committee.

Further details about the Book appear elsewhere in this newsletter, but the main thing to understand is that they are an effective, risk-free fund raising opportunity that can help us keep our annual Club dues as low as possible.

Books can be purchased at our general meetings, by email request to treasurer@cyct.org.au, or online https://www.entertainmentbook.com.au/orderbooks/242c666

Printed order forms will also be available shortly.

Maritime Marketplace

And still on the subject of money, dosh, moolah, cash, dough, spondoolicks, lucre, lolly,



Kettering Hall buzzing with bargain-hunters at the Maritime Marketplace

folding stuff, whatever - I am very happy to report that your Club is now \$315.00 better off as a result of this event. Once again, cars were parked as far as the eye could see down the Channel Highway and crowds were shoulder to shoulder looking for that bargain. Not surprisingly, most went away very happy. I know I did – I sold the old autopilot off Margaret

Ellen and picked up a spinnaker pole end fitting and a virtually new FM radio/CD player at bargain prices.

Sincere thanks go to the small band of Club volunteers who, with KYC members, worked so hard to make the day a success. They include Hans van Tuil, Jon Nevill, Stephen Newham, Rolf Lindholm and all those who rented space.

The sausage sizzle alongside the event which was manned(?) by Club member and barbecue specialist Marie Pforr, also raised over 500.00 for a school for disadvantaged children in India – a figure supplemented by an extremely generous donation from a very kind local person.

All in all, an excellent day, hopefully now established as a fixture in Hobart boaties'



No parking space left on the Channel Highway

calendars.

Donald Sutherland Memorial Navigation Cruise

Congratulations to *Windclimber* (Dave Davey, Annick Ansselin with crew Alex Papij & Jackie Zanetti) on winning this year's event which was held in weather somewhat better than forecast – cool, overcast, but quite calm. Seven boats took part – *Eight Bells, Windclimber, Gitana, Yarakai, Andromeda, Peacemaker and Aleda* – and the prize-giving dinner that followed at the Mermaid Cafe was, as always, a most enjoyable evening. Congratulations, too, to *Gitana* (Robin and Cynthia Coffey) on winning the General Knowledge crew questions section.

As always, we are extremely grateful to the generous sponsors who enable us to present the winners with substantial prizes. They are:

Oyster Cove Marina
 Free slipping (Value around \$160.00)

Oyster Cove Chandlery \$50.00 voucher

• Tassal Vouchers for the Salamanca Square

Tassal shop

Boat Sales Tasmania
 Wine, caps and other goodies

Marine and Safety Tasmania Beanies and caps

It is worth mentioning that the first two sponsors in this list have donated similar prizes for many years now as well as being regular advertisers in 'Albatross'. I hope Club members will repay their support by using their services whenever possible.

Marine Life Watch

Our Secretary, Alan Butler, and Kris Carlyon of DPIPWE, have spent many hours developing this program which is designed to provide DPIPWE with valuable information concerning sightings of whales, dolphins and cetacean species generally.

A booklet to help identify different species has been developed by Alan and Kris and is available for download from the Club website, as is a log sheet.

Club members can play an important role in ensuring the safety and survivability of these wonderful creatures – our playground is their playground after all – by forwarding sightings to Kris and his colleagues, where they will be collated and form part a significant part of their research program.

Anniversary Dinner

This year's Anniversary Dinner will again be held at the Hobart Function and Convention Centre on Elizabeth Street Pier. This venue has proved to be a popular choice for the last couple of years, so when you are on to a good thing.......

The date is IIth August and as usual we hope that members will be able to berth in Con Dock at no charge (currently being negotiated) and enjoy a drink on the water prior to heading off for the meal. The cost of the evening is being finalised, along with the menu, and will be announced as soon as possible. Please make a note of the date and come along. Payments for the evening will again be possible using PayPal via our website.

We have decided to continue with the idea of an after dinner speaker, who this year will be Paul Cullen, known to local ABC listeners as a chef and commentator on food matters

in Hobart. What you may not know is that Paul has also spent time in Antarctica as a Station Manager and is now the General Manager of the Australian Wooden Boat Festival. A man of many talents, clearly. And Irish, too, which must surely guarantee an entertaining presentation.

Finally...

Don't forget that the Club is looking for people to nominate for Committee at the AGM in September – a mere three months away. Without a full Committee, the Club's activities will suffer. Please give it some thought.

Cheers for now, Chris Palmer



Vice Commodore's Report

Summer seems to have gone all too quickly, emphasized by some cold snaps and the end of daylight saving. Gone are those three extra hours of the evening.

Past Events

Anzac Day picnic at Pear Tree was "weathered-out". At 8 am in Hobart, a lead grey sky with wind and rain was picnic weather for the insane. Those who had contacted me were rung about the

cancellation. As it happens, about 10 am out of the blue the weather had cleared and a small Kettering group "went out and came back." This 'Novel' information was about three boats who actually anchored in Alexander's, but for sure, there was no shore party BBQ picnic.

Donald Sutherland Navigation Trial was time testing and challenging for the keen group who ventured out on an 'all seasons day'. Andrew Boon made it quite challenging; most likely getting even for the challenges he will soon face for the Yachtmasters Examination (all the best). Timing and navigation were tested as was a 'person overboard' exercise to add reality to a fun event. If this was not a sufficient, the non-navigation members were challenged by a 'nominal catacomb maze' that took its participants to the fiery antithesis of heaven in their efforts for 'Judgment Day'. Thank you Andrew and Judy for all your effort and good work in making this important event such a success.

Future Cruises

Saturday 26th and Sunday 27th May is for a leisurely top of the channel cruise with BBQ at Apollo/ Quarantine Bay an o/n most likely at Quarantine / Barnes Bay area. The RYCT have invited the CYCT to join them at Pear Tree for their traditional BBQ. Many CYCT members also wear the RYCT hat and it is good that we can join them and also meet other club members. I hope the weather is good this time!

Queen's Birthday Long Weekend

Mid-winter combined clubs cruise to Kermandie Marina (reduced rates) and Hotel for a 50/60's night. Basin-cut your hair, point your shoes and brighten your socks and jive right in with the music and quiz. Good value at \$35 pp.

The Sunday destination is Franklin, with a possible cruise up to Huonville for a turnaround opposite the jet boat jetty. At Franklin a lot of activity has been arranged with an Egg Island cruise, tours of the boat builders, Naval Museum, model yacht sailing, wine tasting and a BBQ (\$12 pp) at the Living Boat Trust.

Monday is free for staying longer or returning home. **BOOKING with me is ESSENTIAL ASAP. Please!

It is lovely to see yachts turn up, but better for planning if intention to cruise is logged in!

Cruising About

Adagio is approaching Noumea, Honey Bee was at Byron Bay, Archer is at Cammeray, Charon has been to great Keppell Island and now is close to Yappoon. Scarlet is going north up the NSW coast.

Good safe sailing for you all, Lew



Rear Commodore's Report

Another month has flown and now it's time to clear out the larder and restock. Probably a good time to check on the sleeping areas and air the bedding too!

Many are looking forward to the long weekend and the varied activities that our Vice Commodore has in store for us.

Our thanks to Dave Davey and Bill Miles for sharing their

knowledge and experiences concerning hypothermia and its consequences. We'll all aim not to be "Left in the Cold". In the future we look forward to another interesting exposure to more their gifts and talents in the medical field.

5th June General Meeting @ Derwent Sailing Squadron

Guest Speaker: Graham Cowie "BATTERIES & ALL THAT"

The usual arrangements for dining will apply for this meeting. Please email me by the Monday morning 4th June lalaguli01@yahoo.com.au

<u>July 3rd</u> General Meeting @ DSS. Dinner at 6 pm.

Guest speaker: Rob Clifton from Australian Antarctic Base

August 7th General Meeting @ DSS Dinner at 6 pm.

Guest speaker: Colin Denny "Lighthouse Communication"

<u>August 11th</u> ANNUAL ANNIVERSARY DINNER Hobart Function & Convention Centre. More details next Albatross

September 4th Annual General Meeting and supper

Margaret Jones

Rear Commodore

SUNDAY 17TH JUNE

MID-WINTER BARBECUE

HUT 9 Waterworks Reserve Hobart

11am onwards

This is an opportunity to invite former members and family to join us at a family-friendly venue.

Bring all your own food and drink.

LET'S CELEBRATE WINTER!



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THE CHARACTER OF A BOAT

Some boat builders claim a boat has a personality which becomes apparent as she is put together. Working on them day after day, boat builders can tell whether she's going to be docile and obedient to her crew or whether she's going to fight them and need training. The most intricate of wooden boats may contain several thousand separate parts, which all have to fit together and work together. A boat that rejects parts could be proving herself tenacious or even mulish. Of course the boat builder may just be passing the buck for his own shoddy workmanship. But as recently as the twentieth century, vessels that left the boatyard with a bad reputation have be burnt rather than launched. Their reputations preceded them and crew refused to sail in them.

One final warning: whilst a boat is being built, never mention her name within hearing distance of her. Wait until the official christening. She knows what her name will be before her owner does. If she hears it she may wake up before she's actually ready to.

So a new boat's owner must choose a name carefully. A boat may reject a name she doesn't like and misfortune will plague any attempts to sail her. Remember too that many sailors are wary of changing a boat's name. Nobody wants to own a boat named after another man's wife, for example. So the name could be the deciding factor whether an unwanted boat gets sold to a new owner or rusts on a corner of the boatyard.

From: Don't Shoot the Albatross-Nautical Myths and Superstitions Jonathon Eyers

APPLICATIONS FOR MEMBERSHIP

David Jones

Absolute Waterfront

Christine and Ian Barwick

Meridian

Adelle Wigley and Sam Molina

Cornflower Star

These nominations will automatically be accepted within 14 days of the next General Meeting immediately following this issue of the Albatross, subject only to any Member lodging an objection in writing to the Secretary no later than that date.

WELCOME NEW MEMBERS

Julie and Ian McDonald

Westerly

On behalf of all the members of the Cruising Yacht Club of Tasmania, the committee welcomes these new members to the Club and looks forward to a long and happy association with them, on and off the water.

Introducing Ian and Julie McDonald



Our boat, Westerly, is a 1982 Compass Innovator 33 centre cockpit cruising sloop built on the Farr 11.04 hull from the 1970's. She can be raced competitively but is also comfortable to cruise. Our son races her in the Wednesday night BYC twilight races over the summer so we get to cruise from Thursdays to Wednesdays!

lan, being Scottish, has always loved boats but didn't have the chance to do any sailing until he was in his mid-30's when he joined the crew of the classic *Ninie*, a 43 foot harbour racer. He loved the sailing and determined that when he retired he'd get his own boat. He liked the design of the Compass Innovator so when Westerly came on the market he had found his boat.

Prior to lan buying the boat, Julie's experience was limited to going fishing with her dad on his 27ft couta boat and rowing a dinghy around Muddy Creek at Port Sorell. Learning to handle and sail a yacht has been a challenge but she's gradually getting the hang of it.

In the six years that we have owned Westerly we have enjoyed cruising the Channel, the Huon and Norfolk Bay but so far we haven't ventured to either the east or west coast; we hope that may be remedied in company of other CYCT boats. We're looking forward to meeting other club members and cruising in company.



The Entertainment™ Book



What's in it for the Cruising Yacht Club of Tasmania?

WHAT IS THE ENTERTAINMENT™ BOOK?

- The Entertainment™ Book contains hundreds of valuable up to 50% off and 2-for-1 offers from many of the best restaurants, arts, attractions, hotel accommodation, travel and much more!
- The Books are only sold by community groups and organisations as a means of raising funds for their causes.

HOW CAN I PURCHASE AN ENTERTAINMENT™ BOOK?

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 These include charities, community, schools, sporting and social clubs.

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Information from the Entertainment Book website—www.entertainmentbook.com.au

DONALD SUTHERLAND NAVIGATION CRUISE 2012

Congratulations to all who entered the Donald Sutherland Memorial Navigation Cruise for 2012, which was held on a very pleasant day, Saturday May 5th. Special congratulations to the winners:

Navigation Section:

Ist: Windclimber (Prize: free slipping at Oyster Cove Marina slipway) 2nd: Andromeda (\$50 open order on Oyster Cover Chandlery)

Crew Questions:

1st: Gitana (\$50 order on Tassal Shop and bottle of wine from Boat Sales Tasmania)

Novice (first time entrant):

1st: Yarraki (\$25 order on Tassal Shop and bottle of wine from Boat Sales Tasmania)

Special thanks to our sponsors: Oyster Cove Marina, Oyster Cove Chandlery, Tassal and Boat Sales Tasmania. Thanks also to MaST, who provided hats and beanies along with upto-date safety literature.

For those who liked (?) the cryptic part of the Crew Questions, here they are again. The answers can be found at the Albatross' end. The CYCT Members List also gives all of the answers. Clues are also to be found in other Names in the List. Enjoy!

Andrew and Judy Boon Reflections (2011 Winners)



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-	DO AT NAME
CRYPTIC CLUE	BOAT NAME
FLOWER FANDANGO	
MIDDLE PAGE MELODY	
VERMIN IN THE BOAT	
I LEAVE THE MAINSAIL AGAIN TO HAVE TEA	
JUNCTION ON THE EDGE	
DRAMA DONE FOR FASTENERS	
QUESTIONABLE!	
CONTINENTAL FLATULENCE	
A CARD IN THE DOCTOR'S GRASP	
UPFRONT FROLIC	
SMALLL BLEMISH	
BLOWY MOUNTAINEER	
HEREAFTER STUPEFY	
SOUND OF HEIR'S LAUGHTER	
CELLAR THE WINE	
PINKIE	
THEIR LAST MAGNETIC RESONANCE IMAGING	
SWEETHEART BY THE SEA	
A FRENCH NET CATCHES A PEA	
URCHIN FROM THE DEEP FOR THE RAMBLERS	

Answers on page ????

Marine Life Watch

At the May 1st General Meeting, the Club's new program Marine Life Watch was launched. This originated after a talk last year by Kris Carlyon of DPIPWE, who spoke to the Club about marine fauna (mainly marine mammals, a little about seabirds – and he promised to tell us more about birds another time!). We realised that the club has a lot of members out on the water at all sorts of times and places, and we can make valuable observations for DPIPWE.

Details of Marine Life Watch are he found on the website to www.cyct.org/MarineLifeWatch, where you can download a booklet giving advice on the kinds of observations DPIPWE particularly seeks, a guide to identification, and a data sheet. The club's website also gives a link to the DPIPWE site, where there is more information about marine mammals, including guidelines for approaching them (or not!) at sea. Club members and DPIPWE are excited about the prospects for this program, which we might broaden later to other forms of marine life. Please contact Kris Carlyon of DPIPWE or Alan Butler (contacts on the web page) if you have any queries.

Members are asked to bring their logbooks, from time to time, back to Alan Butler at general meetings. Alan will collate them and send them back to DPIPWE. Alan will be away for all of June 2012, so if there are any at the June meeting, please give them to Margie Benjamin.

The whales are turning up now, so download your booklet if you haven't already done so; carry it on board, and have fun spotting sea monsters. There will be updates on the progress of the program at general meetings.

Alan Butler (Secretary)

For Sale - ANCHOR BUDDY

Purpose-designed anchor weight.

Reduces swinging room

Acts as a spring
Increases anchor holding power

\$200

Phone Kim Brewer 0428937358

CYCT 2012 Winter Forum Series.

The Venue: The MarinersCottage, Napoleon Street, Battery Point. If necessary an alternative venue will be advised prior to each date.

Times: 7pm –9pm with tea/coffee to follow.

Format: A presenter/speaker will speak to the topic for approximately 30 – 45 mins. Q & A will follow and audience participation is encouraged. Members and their friends will be welcome. There is no charge for these sessions.

Dates and topics

Tuesday 29th May Separation anxieties and saying good bye to a loved one.

Presenter: Boat Sales Tasmania will address all the issues a vendor should attend to when the time comes to sell the boat. You will learn how to achieve the best market price as well as well as learn of the traps and mistakes to be avoided.

Tuesday 26th June Learning to love your diesel. Presenter and diesel engineer: lan Hughes will discuss what needs to be done to keep your trusty diesel operating safely and trouble free. This is a must for all those who have a diesel engine and not quite sure how it all comes together.

Tuesday 31st July VHF and radio speak. Presenters: Andrew Boon and Alan Gifford. Have the opportunity to use working VHF radios to practice, understand the importance of radio protocol and learn a little about how this essential safety aid works. If you are a little anxious about using your radio, this forum is just for you.

Tuesday 21st August A quick look at radar and chartplotters. This presentation will not be a fully structured course. It will introduce the value and operation of both electronic aids and discuss their respective advantages and limitations. If it's all a mystery to you, then this is the forum for you.

Tuesday 18th September Cheap And Cheerful Preparation For Summer. Annual maintenance and slipping on a budget. Things to check and replace. How to buy at best prices without compromising quality. Planning for the summer cruise of your dreams. Who better to lead you through this fun part of boating than Margaret Jones and Kim Brewer?

Tuesday 23rd October Hypothermia and other yachtie maladies. Those of us who missed the wonderful and informative presentation given by Dr Bill Miles at the MOB day will have the opportunity to hear him in this Forum. Succinct, practical and essential for anyone venturing further than the end of their marina pontoon.



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CRUISE IN COMFORT THIS WINTER



Enjoy a warm, dry boat this season with Webasto heating

- Fast, quiet operation
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- Sizes to suit all vessels
- Very competitive prices

Don't leave your boat tied up in the marina, getting cold and damp. Discover just how enjoyable winter cruising can be when you are cosy and warm!

Talk to Angelo and Sam for a no-obligation quote

A Woman's Logic

Heather and I celebrated our wedding anniversary last week, and after being married for 37 years, I took a careful look at Heather and said, "Thirty seven years ago we had a cheap house, a junk car, slept on a sofa bed and watched a 10-inch black and white TV, but I got to sleep every night with a hot 22-year-old girl.

Now ... I have a \$500,000 home, a good car, a nice big bed and a large screen TV, but I'm sleeping with a 59-year-old woman. It seems to me that you're not holding up your side of things." Heather is a very reasonable woman. She told me to go out and find a hot 22-year-old girl and she would make sure that I would once again be living in a cheap house, driving a junk car, sleeping on a sofa bed and watching a 10-inch black and white TV.

AN INVITATION TO COME RADIO SAILING



A group of radio sailors at Franklin

A small group of enthusiasts sail Radio Controlled Yachts at Franklin and/ or Cygnet each Tuesday. The group has been established for 3 years and sail A- class Radio Controlled Yachts and includes some C.Y.C.T. members.

We have a relaxed day each Tuesday with some casual racing, sometimes around the buoys and sometimes up the river from the Franklin rowing ways to the jetty at the Wooden Boat School. It is a little difficult to cruise these Yachts, but some get a great deal of enjoyment just watching them sail, and sailing well.

For those members who are coming to the Huon River on the June long weekend we plan to have several Radio Yachts available to demonstrate Radio Sailing and also allow others to take over control.

So come down to the Franklin rowing sheds on the Sunday afternoon, 10th June and have a try at Radio Sailing.

For more information contact Dennis Lees dwkiap@bigpond.com or 62297603.



An A-class radio yacht on the Huon River at Franklin

Cook Once; Eat Twice Chilli

Now's the time for HOT dishes on those cool evenings. This recipe is a great standby as it utilises mainly tinned and dried ingredients.

Ingredients

I medium onion (diced)
2 cloves of garlic (crushed or finely diced)
2 tins of kidney beans

2 tins of chopped tinned tomatoes

Tablespoon of tomato puree

4 carrots—diced into 0.5cm cubes (optional)

Dried chilli powder

Olive oil

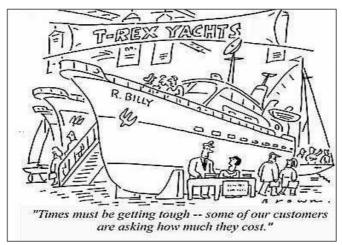
Salt and pepper



Method

Heat the oil in a pan—add the onion and garlic and sauté until the onion is soft. If using carrots, add them at this point. Allow the vegetables to cook for about 5 minutes. Pour in the tins of chopped tomatoes. Allow to heat though and then add 1/2 to 1 teaspoon of dried chilli powder (according to how hot you want the chilli). Mix the tomato puree with a small amount of boiling water and add to the tomato mixture (this just gives it a richer tomato base—ok to omit). Add the tins of mixed pulses and allow the mixture to gentle simmer—ideally for about 20-25 minutes as this lets the flavour develop. Whilst the chilli bean mixture is cooking, cook the rice according to the instructions. Serve with plain boiled rice.

Day Two If there is any left over, this can be turned into soup next day by adding some vegetable stock and a little more tomato puree.



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Cruising Yacht Club of Tasmania Inc General meeting held at the Derwent Sailing Squadron 5th May 2012

MINUTES

Opening

Commodore Chris Palmer opened the meeting at 8:09 pm

2. Attendance

Forty two members registered their attendance, there were four visitors and guests and five apologies.

3. Minutes of the previous meeting.

The minutes of the previous meeting held on 3 April 2012 were confirmed and signed.

Business arising from those minutes (not elsewhere on the agenda). None.

5. Introduction of new members and presentation of burgees

The Commodore welcomed Richard & Mary Darcey (Lady Jack) to the Club and presented their burgee.

6. Vice-Commodore's report - Lew Garnham

Past cruises: Lew reported on the Taranna Easter Weekend. This was a good weekend – see Albatross. The weekend was marred by tragedy (although not a member of CYCT), but there were some valuable lessons.

Barnes Bay Regatta (Wayne McNeice reported) – a very enjoyable time and well recommended for next year.

Anzac day picnic at Peartree was cancelled due to the weather but a few boats from Kettering enjoyed a day at Alexanders.

Coming events: the Donald Sutherland Navigation cruise (Andrew Boon organising) May 5^{th} .

Quarantine/Apollo Bay BBQ 26-27th May with a possible Peppermint Bay lunch on the Sunday.

Queen's Birthday weekend 9-11th June – a combined clubs event: Saturday to the Kermandie marina; 50/60s night at the Kermandie Hotel, Sunday cruise up the Huon, possibly as far as Huonville but with a number of events on offer at and around Franklin. Monday, cruise homeward.

7. Rear Commodore's report - Margaret Jones

Margaret reported on recent visit to Rotorlift Helicopters. The next

General Meeting 5th June will feature Graham Cowie on batteries. June 17th winter BBQ at Waterworks Reserve hut 9 (BYO). There is plenty of shelter, parking, and room for children. July 3rd General Meeting will hear from Rob Clifton of AAD about "shipping in Antarctica, small boat operations and yacht trips"; On August 7th Colin Denny on "Lighthouse communication". The Annual Anniversary Dinner will be Saturday 11th August.

8. Treasurer's Report - Wayne McNeice

Wayne reported that he and the Commodore had been working on the budget; he outlined sources income and expenditure, and proposed an increase in subs from \$60 to \$70 because have been running small deficit. There were several questions including a query whether we should run down the investment account instead of raising fees, but counter views suggested. For the future, treasurer suggests seeking other sources of income. **Moved** Treasurer, **seconded** Dennis Lees, that the Club raise the membership subscription to \$70: **carried** nem con.

9. Editor's Report - Kim Brewer

Apart from the normal plea for material, Kim showed a throw rope imported from New Zealand, and by far the best of those that were tried at the recent Crew Overboard event. She has some for sale. \$50.

10. Recording of observations of Tasmanian marine fauna.

Secretary announced the club's new program Marine Life Watch. This is to be found on the website at www.cyct.org/MarineLifeWatch, where you can download a booklet giving advice on the kinds of observations DPIPWE particularly seeks, a guide to identification, and a data sheet. See the website and Albatross for more details. Both the Club's Committee and DPIPWE are excited about the prospects for this program. Kris Carlyon (DPIPWE) attended the meeting and invited members to contact him anytime if they had queries.

11. Forums - Alan Gifford and Kim Brewer

The Women on Boats forum is continuing, and Alan Gifford is planning a Winter Series of meetings for small groups of people at Mariner's Cottage, on specific topics – watch *Albatross* for details – and when the weather warms up a little, a flares demonstration and a second COB (or MOB) event.

12. Commodore - Chris Palmer

Apparel. Chris reported that the web system for purchasing Club Apparel is now fully operational and details of sizes, and pictures, will be up very soon ... place your orders!

Moorings. There has been no comment on the position paper on moorings published in Albatross; Chris will take this as assent, and proceed to discuss the matter with MAST along the lines of that paper.

Navigation Course. Catrina Boon outlined a forthcoming coastal navigation course, to be attended by a number of WoB participants; they are seeking 2 more participants.

Navigation Cruise. Alex and Jackie advised that they were hoping to crew on the Navigation cruise. The problem was immediately solved; they are joining *Windclimber*. The Commodore reminded the meeting that numbers for the Navigation Cruise Dinner were needed within a day, and money payable to Margaret Benjamin.

Committee membership. Finally, the Commodore advised that with the AGM four months away and a number of Committee members not planning to stand again, it is time for people to be thinking about whether they would like to take a turn. It is not necessary to be a long-standing member; indeed it is a good way for a relatively new member to get to know the club members. Being on the Committee is enjoyable and rewarding. He encouraged members to think about it and, if at all interested, to approach present committee members to discuss what is involved.

Maritime Marketplace, May 12th. There are still a few tables available in the hall, and no shortage of space outside for trailers etc. Get rid of the junk in your shed and replace it with different stuff! Contact Hans van Tuil.

13. Other business

None.

The formal business concluded at 8:53 pm.

14. Guest Speaker:

Alan Butler introduced Bill Miles and Dave Davey: "Don't be left in the cold".

Dave spoke about the physiology of temperature regulation in warm-blooded animals like us, and the range of mechanisms by which we gain and lose heat. We have effective methods – physiological and behavioural – of controlling temperature, but most of them don't work if you are immersed in cold water!

Bill then spoke about the issues in hypothermia especially for boating people.

There were many points, not all recorded here, but some key ones were: Below 35 C core body temperature, things start to fall apart.

Hypothermia sneaks up. You can have a problem on deck, not just by falling in. Feeling cold is OK, it's a warning

But hypothermia, is life threatening, and you may never feel cold Various effects (commonly listed as symptoms) may or may not be noticed A person with hypothermia may look dead, may not be! Don't give up! Bill showed a video from the Canadian safe boating Council (see their website) including the I-10-1 rule: in icy cold water you have:

- I min to get breathing under control,
- 10 mins before mobility and dexterity are lost,
- and I hour to hypothermia and loss of consciousness.

All this **IF** you have a life jacket (PFDI that keeps your head out of water – without that, you'll drown much sooner.

The HELP position is recommended

Don't swim!

Stay positive; there is a serious problem of "circum rescue collapse"

Treating a hypothermia patient once you've got them on board and dry:

- No hot shower, no liquid
- Be slow and gentle, focus on high heat loss areas. Insulate the low-loss areas (limbs) but don't warm them; apply gentle warming (warm rocks, warm potatoes, and other people's bodies) to the high heat loss areas for at least an hour.

But above all, DON'T FALL IN!

Annick showed a survival jacket she has had for many years with good head, neck and groin insulation – a number of emergency services use similar products and several members said they would find out what is currently available.

Chris Hussey thanked the speakers on behalf of the Club.

15. Next meeting

June 5th at DSS.

16. Close

Meeting closed at about 10 pm.



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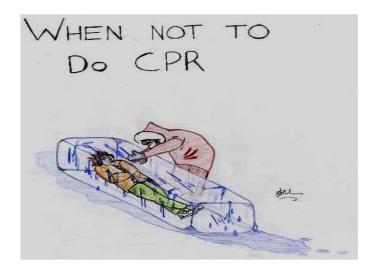
njmmarine@gmail.com

1-10-1: A SIMPLE WAY TO REMEMBER THE FIRST THREE PHASES OF COLD WATER IMMERSION AND THE APPROXIMATE TIME EACH PHASE TAKES.

- I Cold Shock. An initial deep and sudden Gasp followed by hyperventilation that can be as much as 600-1000% greater than normal breathing. You must keep your airway clear or run the risk of drowning. Cold Shock will pass in about I minute. During that time concentrate on avoiding panic and getting control of your breathing. Wearing a lifejacket during this phase is critically important to keep you afloat and breathing.
- **10 Cold Incapacitation**. Over approximately the next 10 minutes you will lose the effective use of your fingers, arms and legs for any meaningful movement. Concentrate on self-rescue initially, and if that isn't possible, prepare to have a way to keep your airway clear to wait for rescue. Swim failure will occur within these critical minutes and if you are in the water without a lifejacket, drowning will likely occur.
- **I Hypothermia**. Even in ice water it could take approximately I hour before becoming unconscious due to Hypothermia. If you understand the aspects of hypothermia, techniques of how to delay it, self-rescue and calling for help, your chances of survival and **rescue** will be dramatically increased.

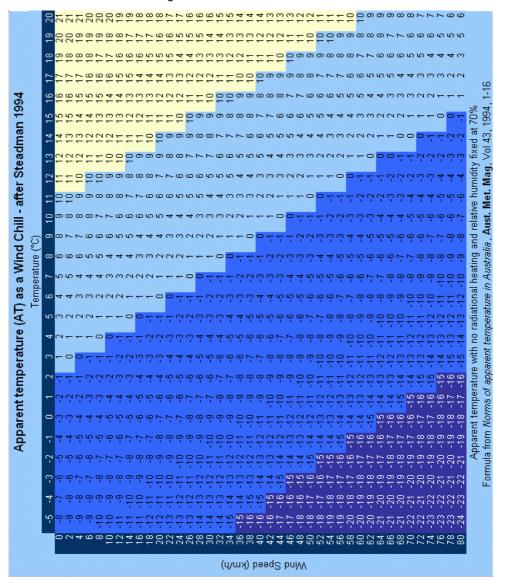
See the informative videos at the cold water boot camp website

http://www.coldwaterbootcamp.com/pages/home.html



How Cold Is It?

You don't have to be in the water to get hypothermia. Wind chill is an important factor to take into account while sailing.



Introducing Albatross Advertisers: Island Moorings

Island Moorings offer a unique service, opening access to southern Tasmania's cruising grounds to novice sailors and providing convenient, safe moorings for those visiting unfamiliar territory, as manager Wes Young explains:

Sail For Your Supper

Forget the Tasmanian road trip. At Island Mooring we prefer to set sail for an experience that gives new meaning to the words 'sea food'...

Boats make travelling romantic, whether you're a serious yachtie or a dabbler. Add to this the many on- and off-shore wining and dining options, and it beats a road tour handsdown. At Island Mooring, we've realised that a delicious side-effect of managing a mooring business is all the great food you're exposed to.

Island Mooring manager, Wes Young, explains: "A Tassie food tour by water is easier than you'd think. Hire one of our moorings and drop anchor to indulge (do this *after* you secure your vessel, as you can be arrested for sailing under the influence)."

Dine the D'Entrecasteaux

Sailing south from Hobart, look for D'Meure Wines (dmeure.com.au) on the shores of the D'Entrecasteaux. overlooking Bruny Island. Grandvewe Cheeses (grandvewe.com.au) at Birchs Bay near Woodbridge is Australia's only organic sheep cheesery. The architect-designed Fleurtys (fleurtys.com.au) is also at Birchs; the café has seasonal artichokes, rhubarb, garlic, raspberries and blackcurrants. Bruny Island offers not only countless calm bays in which to anchor (with Barnes Bay being a local favourite), but also some of our favourite places to chow down. Black Devil cherries, BISH (brunyislandsmokehouse.com.au), Get Shucked oysters (getshucked.com.au), and Bruny Island Cheese Co. (brunyislandcheese.com.au) are obvious choices. However, quietly making a name for itself, is the **letty Café** at Dennes Point (jettycafebrunyisland.com) proprietors Kris and Ray are subscribers to the slow-food movement. And we often like to end the day at Australia's southern-most pub at Alonnah - with front-row seats that overlook the silvery waters to Partridge Island (there's a public jetty just up the road)...

Why use Island Mooring?

"Most of our clients are comfortable with basic motor sailing, but don't think they have the skills or equipment to set an anchor correctly in any sea conditions," says Wes. "I

know I sleep better on my boat when she's on a mooring (no getting up in the middle of the night to check things). We get a lot of feedback about how handy it is to be able to have a reliable, short-term mooring near your destination. When people stay at Dennes Point, for example, they can do lunch at the Jetty Cafe *and* keep an eye on their boat – with the security of knowing that, if the conditions change, they don't have to race out and check the anchor.



Not a bad spot to drop anchor! The view from over our Dennes Pt. mooring....

"Simmonds Bay is probably my favourite spot in the Channel; it's so quiet, no matter what the wind is doing, with easy access to a public jetty should you want to offload anything. Having access to a mooring at also Kettering is fantastic as the bay is starting to resemble a car-park with boats fender to fender!"

For more on our D'Entrecasteaux Cruising Route, go to IslandMooring.com (We provide short and long-term mooring facilities for all types of craft. All moorings are registered with MAST and are maintained in accordance with their guidelines and best practice. Contact Wes at hello@islandmooring.com or on 0419 322 978).



Answers to the Navigation Cruise Cryptic Quiz. If you got more than five correct, consider yourself a genius!

Cryptic Clue	Boat Name
Flower Fandango	Riverdance
Middle page melody	Silver Air
Vermin in the boat	Star
I leave the mainsail again to have tea	Talisman 2
Junction on the edge	Trim
Drama done for fasteners	Andromeda
Questionable!	Two B
Continental flatulence	Vento
A card in the doctor's grasp	Carinda
Upfront frolic	Ford Play
Small blemish	Scarlett
Blowy mountaineer	Windclimber
Hereafter stupefy	Future Days
Sound of heir's laughter	Sunbeam
Cellar the wine	Keepsake
Pinkie	Legend
Their last magnetic resonance imaging	Mistral
Sweetheart by the sea	Honey Bee
A French net catches a pea	Neptune
Urchin from the deep for the ramblers	Ocean Child



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